

First Reading

A reading from the prophet Isaiah   Isaiah 58:7-10

*Your light will shine like the dawn.*

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor,  
clothe the man you see to be naked  
and turn not from your own kin.  
Then will your light shine like the dawn  
and your wound be quickly healed over.  
Your integrity will go before you  
and the glory of the Lord behind you.  
Cry, and the Lord will answer;  
call, and he will say, 'I am here.'  
If you do away with the yoke,  
the clenched fist, the wicked word,  
if you give your bread to the hungry,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

The word of the Lord.  
**Thanks be to God.**

Responsorial Psalm   Ps 111:4-9

***R. A light rises in the darkness for the upright.***

He is a light in the darkness for the upright:  
he is generous, merciful and just.  
The good man takes pity and lends,  
he conducts his affairs with honour. **R.**

The just man will never waver:  
he will be remembered for ever.  
He has no fear of evil news;  
with a firm heart he trusts in the Lord. **R.**

With a steadfast heart he will not fear;  
open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory. **R.**

Second Reading

A reading from the first letter of St Paul to the Corinthians  
1 Corinthians 2:1-5

*I came to you to proclaim Christ crucified.*

When I came to you, brothers, it was not with any show

of oratory or philosophy, but simply to tell you what God  
had guaranteed. During my stay with you, the only  
knowledge I claimed to have was about Jesus, and only  
about him as the crucified Christ. Far from relying on any  
power of my own, I came among you in great 'fear and  
trembling' and in my speeches and the sermons that I  
gave, there were none of the arguments that belong to  
philosophy; only a demonstration of the power of the  
Spirit. And I did this so that your faith should not depend  
on human philosophy but on the power of God.

The word of the Lord.  
**Thanks be to God.**

**Gospel Acclamation**   John 8:12

Alleluia, alleluia!  
I am the light of the world, says the Lord;  
the man who follows me  
will have the light of life.  
Alleluia!

Gospel

A reading from the holy Gospel according to Matthew  
Mat 5:13-16

*You are the light of the world.*

Jesus said to his disciples: 'You are the salt of the earth.  
But if salt becomes tasteless, what can make it salty  
again? It is good for nothing, and can only be thrown out  
to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top can-  
not be hidden. No one lights a lamp to put it under a tub;  
they put it on the lamp-stand where it shines for everyone  
in the house. In the same way your light must shine in the  
sight of men, so that, seeing your good works, they may  
give the praise to your Father in heaven.'

The Gospel of the Lord.  
**Praise to you Lord Jesus Christ.**



**Next weeks Readings:** 6th Sunday Ordinary Time

First Reading   Sir 15:15-20  
Second Reading   1Cor 2:6-10  
Gospel   Mt 5:17-37 (shorter form)

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**Our Lady of Perpetual Succour**

**Catholic Parish Toukley/Lake Munmorah**

**St Mary's Church 458 Main Rd Noraville**

**St Brendan's Mass Centre 29 Carters Rd Lake Munmorah**

**VISION**

***TO BE A VIBRANT EUCHARISTIC COMMUNITY***



Pastoral Team

**Administrator**

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**Assistant Priest**

Rev Baby Thomas CFIC  
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**Augustinian Sisters of  
Our Lady of Consolation Convent**

PH: 4396 9128  
11 Pandora Pde Noraville

Sr. Josefa Mabini OSA

Sr. Jennifer Canillas OSA

**Parish Office**

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**Parish Secretary** Mrs Sarah-Jane Rosen  
**Office Assistant:** Mrs Lorrie O'Brien

**Mail** PO Box 1 Toukley NSW 2263

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**Website** www.bbcatholic.org.au/toukley

**Catechist Coordinator**

Sister Josefa Mabini PH: 0402480933

**Sacramental Coordinator**

Mrs Lorrie O'Brien  
Please contact parish office PH:4396 455

**Sunday Parish Bus Service**

Mrs Joan Haslam                      4392 6892

**Parish Schools**

**St Mary's**

Principal Ms Emma Sellars    4396 5100

**St Brendan's**

Principal Ms Charlene Reid    4358 1501

**St Brigid's College**

Principal Mr Adam Murdoch    4358 4278

**Fifth Sunday in Ordinary Time Year A  
5th February 2023**



Today's Gospel explains Jesus' instruction to His disciples  
and what they are expected to do in the world: that is to be  
salt of the earth and light of the world. After His discourse  
on who are the blessed in the Kingdom of God, Jesus ex-  
plains to them how these blessed ones should live in this  
world. Jesus used two familiar metaphors to explain disci-  
pleship.

Salt: salt has to give saltiness to the earth and give taste to  
the food. So also, a disciple should show that he/she is truly  
a disciple by his/her day today actions of love and concern  
for the people around. Jesus spoke a second metaphor that  
they are the light of the world. Light is not a private energy.  
It is not for hiding or hoarding. The light should be put  
where it shines for everyone. So also, being a disciple of Je-  
sus is something which is worth showing and sharing. As  
disciples of Jesus when we act as salt of the earth giving the  
world taste and preserves the world then our discipleship be-  
comes meaningful. So also, when we give hope and conso-  
lation to the world around us through our good works, we  
truly become light of the world no matter what the darkness  
around us is.

The following was told about St. Mother Teresa of Calcutta  
in the context of being the light of the world by Malcom  
Muggeridge.

"She showed me love in action. She showed me how the  
love of one person can start a tidal wave that can spread  
across the world." - Malcom Muggeridge.

Fr. Tomy

## WEEKEND MASS TIMES

### St Mary's Church Toukley

Saturday: Vigil 6:00pm Fr Tomy  
Sunday: 7:30am Fr Tomy  
9:00am Fr Tomy  
6:00pm Fr Tomy

### St Brendan's Lake Munmorah

Saturday: Vigil 5:00pm Fr. Abel Vander  
Sunday: 8:00am Fr. Abel Vander

## WEEKDAY MASS TIMES

### St Mary's Church Toukley

Monday to Wed 9.00am

Thursday 9.00am (Ordinariate of Our Lady of the Southern Cross)  
Friday 9:15am (Except 1st Friday of Month)

### First Friday of Month Anointing of Sick

11:00am

Saturday 9:00am

### St Brendan's Lake Munmorah

Wednesday 9:00am (First Wednesday of Month Anointing of Sick)

Thursday 9:00am

## EXPOSITION BLESSED SACRAMENT

### St Mary's Church Toukley

Each Saturday – After Morning Mass

## SACRAMENT OF RECONCILIATION

### St Mary's Toukley

Saturday 9.30am—10.00am

### St Brendan's Lake Munmorah

Saturday 4:30—5:00pm

## MORNING PRAYER OF THE CHURCH

### St Mary's Toukley

8.20am Monday to Saturday

### First Friday Night Vigil

Exposition after 7pm until 1.30am

### Children's Liturgy

St Mary's: 1st & 3rd Sundays 9am (excluding school holidays)

St Brendan's: Saturdays 5pm (most weeks)



We welcome all of our parishioners, especially any new parishioners. We also welcome any visitors who have joined us for the celebration of Holy Eucharist this weekend. You are all most welcome here in our Parish Family. Please feel free to make yourself known to us, and we look forward to speaking with you. Today we celebrate the **Fifth Sunday in Ordinary Time, Year A.**

### Catechists

Our parish is in need of Special Religious Educators (Catechists) for the start of the new school year, to "Pass on the Faith" to the many Catholic children in our State schools. If you are able to give of your time, please contact Sister Josie, Catechist Co-ordinator on 0402480933

### St Mary's Church Carpet is being installed on Monday 6th February.

The total price is considerable so we thought we'd invite Parishioners or families to 'sponsor a square metre', 'sponsor the sanctuary', or 'sponsor the main aisle' to help with the cost. The cost per square metre is \$93. There are envelopes available at the church doors for anyone who would like to contribute. Thank you in advance. So far you have generously donated **\$6242.**

### We welcome back Fr. Baby from his holidays. He returns on Thursday 9th February.

### St Vincent de Paul - Wyong Vinnies Support Centre

Address 47 Howarth St, Wyong, Open Mon-Fri 9am-4pm. Call 4353 5614 for an appointment. Vinnies can help with food hampers, toiletries, PBS prescriptions, furniture, clothing, petrol vouchers and much more. See the noticeboard for more details.

### Children's Worksheets

Worksheets and pencils are available at the church doors.

### Men's Weekend

The **menALIVE Men's Weekend** is an opportunity for men to explore what makes them feel fully alive. The experience of the weekend is powerful and dynamic and many men are inspired and encouraged with a new sense of purpose and mission. The weekend is organised by men in our local community and conducted by an experienced team of menALIVE leaders. It is suitable for all men from 18 years of age. The cost is \$50 per person, with lunch and dinner on Saturday provided. You can find more information at <https://tinyurl.com/mvfz79hn> or by emailing us at [menalivetoronto@gmail.com](mailto:menalivetoronto@gmail.com).

### Word of God Sunday

The Church in Australia celebrates the Sunday of the Word of God on the first Sunday in February – February 5 in 2023 (Fifth Sunday in Ordinary Time, Year A). Pope Francis established the day, which is devoted to "the celebration, study and dissemination" of the Word of God. Visit [www.catholic.org.au/wordofgodsonday](http://www.catholic.org.au/wordofgodsonday) to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.

### Pilgrimage from Fatima to Lourdes

14 Night Tour of Spain, Portugal, France. Visiting Madrid, Lisbon, Fatima, Santiago, Lourdes, Barcelona, Malta. Departing Sydney 28/5/23. Raising funds for The Friends of Providence House NSW. For full details call Jim Borg 0418 825 591.



### Pope Francis' Prayer Intention February for Parishes

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

### Upcoming Parish Events

### Weekly Masses will be in the Parish Centre between the 6th to 10th February while the carpet is being replaced.

St Mary's Rosters & St Brendan's Rosters -New Rosters will be available from this weekend.

### Reconciliation Programme

#### The Programme

The Sacramental Programme for Reconciliation starts with the Enrolment and Parent Information sessions. Parents are required to attend one of these (3) sessions.

St Brendan's Lake Munmorah Wednesday 15th February, 2023 at 3.30pm

St Mary's Toukley Thursday 16th February, 2023 at 3.30pm or 7.00pm

### Celebration of Sacrament



St Brendan's Lake Munmorah

**Tuesday 28th March, 2023 at 3.00pm**

St Mary's Toukley

**Wednesday 29th & Thursday 30th March, 2023 at 3.30pm**

Parents and children need to attend all preparations sessions, week commencing **Monday 20th February, 2023, and complete the workbook following each session, in order for your child to be adequately prepared to receive this Sacrament. You are actively encouraged to attend Mass during the preparation programme.**

**Please keep these dates in your diaries.**

### Confessions & Communion

Confessions will finish at 10am as Fr. Baby is away on Saturdays & every Wednesday there will be only communion service at 9am at St Brendan's.

**Commissioning of Catechists** will take place during the week-end of the 18th & 19th February. We thank them for this wonderful service. There will be a morning tea on 19th February after 9am Mass at St Mary's.

### Social Justice. Gambling a Problem?

Gamblers lost more than \$2.1 billion on poker machines in fewer than 100 days last year, including \$85 million at pokies on the Central Coast. It's essentially the same people gambling, but they're spending more money. Many are trying to recover losses caused by the pandemic. Margaret Hagan

**In your charity, please pray for those who have died and those who are sick.**

**Recently Deceased William (Bill) Martin, Allan Valiente, Alex Chauvez Balancio, Shirley McNee, Freddie Cheong, Pat McBride, Pope Benedict, Cardinal Pell, Robert Rodger & William Foster, Jerry Maguire, Patricia O'Brien, Donald Adams, Joseph Baynie, Kenneth George Durley, Gwen Lee Moore & Langley Families, Michael Slattery**

*The Funeral Service for William (Bill) Martin will be held at St Mary's Church on Monday 13th February, 2023 at 10am.*

### Anniversaries

Wendy Woodhouse, Anthony Cefai, Dorothy Rush, Allen Rush, Dan Goonan, Stephens Cappa & Ingrid Hamer, Eugenia Grimes

**Remembrances:** Valmai Joseph Stark Family, Brown and Miller Family, Carol Brown, Mario Azzopardi, Anselmo, Paulita, Enrico Arturo, Zenaida Elma, Juan Anselmo, Hermigildo, Romualda Pantaleon Temotea

### Please pray for the sick:

Margaret Brett, Robbie Depares, Heather-Bell Baker, Alicia & Marcos Regalo, Bill & families, Cecelia McClusky, Vaughn Haynes, Sandra Curry, Mary Cefai, Donald Lewis, Kim Thomas, Mrs J Bowering, Margaret Brett, Allen Venneri, Gary Poppett, Jenna Stoffel, Jeff Moir, Joshua Booth, Miklos Beothy, Ken Scales, Pat Corby, Kevin Turner, Maureen Dries, Pat Glennen, Mary Smith, Sabu Kuruvelil, Yvonne Sutton, Liz Kelman, Lailane Bugaoisan, Teresa Jan, Michael Durken, Olive Haslam, Colin Fowler, Joy Rearden, Sr Tincy, Joyce Burns, Diane Booth, Rhondda Rey, Ann Buckman, David Vella, Ann Rigney, Margaret Jones, Margaret Moran, Faye Roberts, Noel McCool, Beth Andrews



**Congratulations to Peter Woodhouse for receiving the Order of Australia Medal.**

**February birthdays** Carolyn Metcalf (4th Feb)

### Safeguarding

The Diocese of Broken Bay and, we the people of the Catholic Parish of Toukley/Lake Munmorah seek to ensure children and vulnerable people are provided with the fundamental right to be kept safe and respected. This right is held sacred in our Gospel, international and local laws and within our Church policy and practice.

We are all invited to embrace and contribute to a culture of safeguarding children and vulnerable adults.

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at **BP Lake Munmorah**  
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HEADOR STREET, TOUKLEY  
Ph: 02 4396 1555 / Fax: 02 4396 5818  
[www.tnc.org.au](http://www.tnc.org.au)

## **Volunteer Angels** Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility?

Please call Anne-Marie 4396 1555

The Community Visitors' Scheme